

## Items to be examined for 2026 Medical Checkups

● : Mandatory   △ : Not implemented at some medical examination institutions   ☆ : Optional

Items to be examined		Statutory items for examination	Health Screening <small>&lt;Relevant Age&gt; 32 and over</small>	General checkup <small>&lt;Relevant Age&gt; Insured person : 18-31   Dependent : 23-31</small>	
<b>Medical examination of body measurements</b>	Doctor's interview, physical examination (Medical examination)	●	●	●	
	Work history	●	● Insured person	● Insured person	
	Height, weight, BMI	●	●	●	
	Blood pressure	●	●	●	
	Abdominal measurement	●	●	●	
	Eyesight	●	●	●	
<b>Eyeground examination</b>	Eyeground examination (both eyes)		△		
<b>Eye pressure test</b>	Eye pressure test (both eyes)		△		
<b>Electro-cardiogram</b>	12-lead	●	●	●	
<b>Hearing ability</b>	Eudiometer (1000/4000Hz)	●	●	●	
<b>Chest examination</b>	Chest X-ray	●	2 directions: front/side	1 direction: front	
<b>Digestive organs</b>	Gastroscopy		●	☆	
	Stomach x-ray		Select one	Select one	
<b>Ultrasonic waves</b>	Ultrasound of the abdomen		●		
<b>Blood test</b>	<b>Hematology</b>	Red blood cell count (RBC)	●	●	
		White blood cell count (WBC)			
		Hemoglobin (Hb)	●	●	●
		Hematocrit		●	
		Platelet (PLT)		●	
		MCV		●	
		MCH		●	
		MCHC		●	
	<b>Biochemical examination</b>	Total protein		●	
		Albumin		●	
		Creatinine		●	●
		Urea nitrogen (BUN)		●	
		Uric acid (UA)		●	
		HDL cholesterol	●	●	●
		LDL cholesterol	●	●	●
		Neutral fat	●	●	●
		Total bilirubin		●	
		GOT (AST)	●	●	●
		GPT (ALT)	●	●	●
		γ-GTP (γ-GT)	●	●	●
Fasting blood sugar	●	●	●		
HbA1c	●	●	●		
<b>Urine analysis</b>	Protein	●	●	●	
	Urinary sugar	●	●	●	
	Occult blood		●		
<b>Stool examination</b>	Occult blood test (2-day method)		●		
<b>Males &amp; Females</b>	<b>Digestive organs</b>	Stomach ABC Screening (Stomach cancer risk check)	☆ Self-pay : 2,000 JPY (P)	☆ Self-pay : 2,000 JPY (P)	
<b>Males</b>	<b>Prostate cancer examination</b>	PSA	☆ 50 and over		
<b>Females</b>	<b>Breast cancer examination</b>	Ultrasound examination		☆	
		Mammography (※basically 2 directions)		☆ Both can be selected	
	<b>Uterine cancer examination</b>	Cervical cytology, internal examination		☆	☆
		HPV (Human Paillomavirus) Screening		☆ Self-pay : 2,000 JPY (P)	☆ Self-pay : 2,000 JPY (P)