

Items to be examined for 2020 Medical Checkups

● : Mandatory ☆ : Optional

Items to be examined		Statutory items for examination	Health Screening <Relevant Age> Insured person : 32 and over / Dependent : 36 and over (excluding 35, 40, 45, 50, 55, 60, 65 and 70)	Health Screening + Periodic checkup <Relevant Age> Insured person and Dependent : 35, 40, 45, 50, 55, 60, 65, 70	General checkup <Relevant Age> Insured person : 18-31 Dependent : 23-34	
Medical examination of body measurements	Doctor's interview, physical examination (Medical examination)	●	●	●	●	
	Height, weight, BMI	●	●	●	●	
	Blood pressure	●	●	●	●	
	Abdominal measurement	●	●	●	●	
	Eyesight	●	●	●	●	
Eyeground examination	Eyeground examination (both eyes)		●	●		
Eye pressure test	Eye pressure test		●	●		
Electro-cardiogram	12-lead	●	●	●	●	
Hearing ability	Eudiometer (1000/4000Hz)	●	●	●	●	
Chest examination	Chest X-ray	●	2 directions: front, back	2 directions: front, back	1 direction: front	
Ultrasonic waves	Ultrasound of the abdomen		●	●		
Blood test	Hematology	Red blood cell count (RBC)	●	●	●	
		White blood cell count (WBC)		●	●	
		Hemoglobin (Hb)	●	●	●	●
		Hematocrit		●	●	
		Platelet (PLT)		●	●	
		MCV		●	●	
		MCH		●	●	
		MCHC		●	●	
	Biochemical examination	Total protein		●	●	
		Albumin		●	●	
		Creatinine		●	●	●
		Urea nitrogen (BUN)		●	●	
		Uric acid (UA)		●	●	
		HDL cholesterol	●	●	●	●
		LDL cholesterol	●	●	●	●
		Neutral fat	●	●	●	●
		Total bilirubin		●	●	
		GOT (AST)	●	●	●	●
		GPT (ALT)	●	●	●	●
		γ-GTP (γ-GT)	●	●	●	●
Fasting blood sugar	●	●	●	●		
HbA1c	●	●	●	●		
HBs antigens, HCV antibodies			●			
Urine analysis	Protein	●	●	●	●	
	Urinary sugar	●	●	●	●	
	Occult blood		●	●		
Stool examination	Occult blood test (2-day method)		●	●		
Digestive organs	Stomach ABC Screening *		● Required at the first medical checkup after becoming insured/dependent of Accenture Health Insurance Society			
	Gastroscopy **		☆			
[Females] Breast cancer examination	Ultrasound examination		☆ Optional			
	Mammography					
[Females] Uterine cancer examination	Cervical cytology, internal examination		☆			
[Males] Prostate cancer examination	PSA		☆ (50 and over)			

*** Stomach ABC Screening (Stomach cancer risk check) (Note) it isn't gastric cancer detection.**

When a stomach is infected with bacteria as helicobacter pylori bacteria (in the following, Helicobacter pylori), I know that stomach cancer is easy to have. It's important to confirm whether your stomach is infected with Helicobacter pylori and sterilize Helicobacter pylori early in prevention of stomach cancer. This stomach cancer risk check generally is often called ABC medical examination and checks a presence of Helicobacter pylori infection by a blood test, and is something to do risk classification of whether it tends to take the state of the present stomach for stomach cancer. A presence of Helicobacter pylori infection and shrinkage of a gastric mucosa are checked from an antibody in the blood specifically, and it's as a result of both of them, to combine, more, 4 flights of stomach cancer risk is classified into (A crowd, B crowd and C a group D crowd). When being judged besides the A group, I'll recommend more check-ups of a close examination (detailed check), and I have a result of the close examination have a sterilization medical treatment of Helicobacter pylori, and stomach cancer is prevented.

<The English sentences are translated by J-SERVER Professional, a web-based machine translation system, operated by Kodensha Co., Ltd. Note that the machine translation system doesn't guarantee 100% correctness.>

**** Gastroscopy**

According to the below table, if you are categorized "Recommended", you add gastric region endoscopy.

The result of Stomach ABC screening (Fiscal year : A)	The latest gastric region endoscopy date		
	Next fiscal year (A + 1)	After 2 fiscal years (A + 2)	After 3 fiscal years (A + 3)
A			Recommended
B		Recommended	
C		Recommended	
D	Recommended	Recommended	Recommended
E			Recommended